

Autistic Courtesies

Copyright

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Introduction

Autistic Courtesies: The Summary Book, lists general things that most autistic individuals, such as myself, would like you to know. Misunderstanding is a HUGE part of daily living with your diagnosis of an Autism Spectrum Disorder, and that kind of stuff will drive me and plenty of other people like me who was diagnosed with ASD III CRAZY!

This book is structured in summaries, under their own categories. Read on, if you dare... Eh, it won't hurt you.

Grammar

- Grammatical issues will prevent most of us from having effective and clear communication.
- A lot of things are hard to explain in words, so please, be patient.
- Some of us will hear you the first time, and you are aware of it, but PLEASE, do NOT repeat what you just said, because it makes us think you are saying something different.
- Grammar skills are tied directly to our socialization, because if we're not being paid enough attention to, or if we have little to no social interaction, our grammar skills plummet.

Dependence

- It's important to know that people diagnosed with ASD may or may not have mild dependence on another party, which is a less known scientific or medical fact.
- When an autistic individual starts noticing they are different from their peers, it is best to tell them about their diagnosis, because not knowing can drive your loved one with autism crazy, with long term psychological scars, such as I!
- When I found out too late that I was autistic, I'd already lost the chance to ever be independent...
- When your autistic child finally goes to school, ask for an I.E.D.(Individual Education Program), which will ultimately cater to your autistic child's unique needs.
- At the present time of writing this book, the schools aren't required to disclose the fact that such an education program exists.

Communication

- Effective communication is key to helping avoid most misunderstanding.
- Most autistic individuals only understand concrete words, in a literal sense.
- We don't always understand abstract concepts such as time or common sense, mainly because of our lack of empathy.
- Please be patient with us, because we are only trying to earn your trust and respect!
- Fussing over the smallest things will reinforce our negative behaviors, because you wouldn't stop to listen and give me a chance to explain...

Love

- Don't believe anyone who says that autistic individuals have no emotions.
- A lack of empathy is a core trait of autistic individuals.
- But, a lack of empathy doesn't mean we have no empathy at all, it's just harder for us to think like you do.
- To my loved ones... I love you.

Dedications

To my sister, Wendy, who always saves the day with her mischievous charm.

And to all of you who are struggling with autism. Because you matter just as much as any other person!